

The Southern California OA Men's Stag Retreat Committee Presents:

"Physical Recovery - Sanity or Vanity" ***20th Annual Men's Retreat***

Fri, Sat & Sun, August 17, 18 & 19, 2007

SPONSORED BY THE WEDNESDAY 7:00 PM "TOOL TIME" WESTWOOD MEN'S STAG

At "la Casa de Maria"

800 El Bosque Road
Santa Barbara, CA 93108

La Casa de Maria is located approximately 90 miles North of Los Angeles, CA in the Montecito Hills overlooking Santa Barbara.

For a complete description, visit their website at:

www.lacasademaria.org



For further information, please contact:

Steve G. at (949) 433-7402
or email s.gershick@sbcglobal.net
Daniel S. at (805) 636-6489
or email jds1954@gmail.com

What is my donation?

Only \$190.00 per man, triple occupancy. Space is VERY limited, so be sure to register early.

What should I bring?

Clothing, toiletries, hiking boots, swim trunks, an open mind.

Will I need any literature?

We suggest your AA Big Book, AA 12 & 12, OA 12 & 12.

What do I get?


1) Enjoy a wonderful weekend of fellowship with other men in recovery. **2)** Two leaders who have worked all 12 Steps of recovery. **3)** You also get two (2) nights of lodging and four, count 'em, four (4) meals, which include breakfast, lunch & dinner on Saturday, and breakfast on Sunday morning.

When does it start?

Opening ceremonies begin at 7:30pm Friday, August 17th.

Will there be any other activities available?

During the Saturday afternoon break you can hike, swim, bird watch, play tennis, volleyball or basketball, or just relax and meditate. Massages are available for a fee to La Casa.

 (Please cut out this form and mail in with your payment)

RESERVATION FORM

"Physical Recovery - Vanity or Sanity" Men's Retreat

The 20th Annual Southern California OA Men's Stag Retreat
Friday, Saturday & Sunday, August 17, 18 & 19, 2007

Make checks for \$190.00, payable to: **"Men's Tool Time Retreat"** and send before July 15, 2007 to:

Steven Gershick
5 De Forest
Irvine, CA 92620

(\$190.00 per man, rooms are triple occupancy. *Space is VERY limited! Please register early.*)

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE (____) _____ - _____ E-MAIL ADDRESS _____

SPECIAL NEEDS _____

DO YOU SNORE? YES NO ~ DO YOU USE A C-PAP MACHINE? YES NO

I AM ALSO ENCLOSING \$ _____ AS AN ADDITIONAL DONATION TO THE "MEN'S TOOL TIME RETREAT"